

# Azep(R) Nasal Spray

(Ay-zep)

*Azelastine hydrochloride Nasal Spray (Ay-zel-as-teen)*

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about Azep(R) Nasal Spray.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits.

**If you have any concerns about using this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

### What AZEP(R) NASAL SPRAY is used for

AZEP(R) NASAL SPRAY is used to relieve runny nose, sneezing, itching or blocked nose caused by allergies, such as to pollen (hay fever) house dust mites or pet hair.

AZEP(R) NASAL SPRAY belongs to a group of medicines called antihistamines. It works by blocking the action of histamine and other substances produced by the body, which are causing your allergies. When you use AZEP(R) NASAL SPRAY as directed, you should be able to free yourself from the troublesome symptoms of hayfever and enjoy a better lifestyle, indoors and outdoors.

AZEP(R) NASAL SPRAY is not addictive.

### Before you use AZEP(R) NASAL SPRAY

#### **When you must not use it**

**Do not use AZEP(R) NASAL SPRAY if you have an allergy to AZEP(R) NASAL SPRAY or any of the ingredients listed at the end of this leaflet.**

**Do not give AZEP(R) NASAL SPRAY to a child under 5 years, unless directed by the child's doctor.**

The safety and effectiveness of AZEP(R) NASAL SPRAY in children under 5 years have not been established.

**Do not use AZEP(R) NASAL SPRAY after the expiry date printed on the pack.**

If you use this medicine after the expiry date has passed, it may not work as well.

**Do not use AZEP(R) NASAL SPRAY if the packaging is torn or shows signs of tampering.**

**If you are not sure whether you should start using AZEP(R) NASAL SPRAY contact your doctor or pharmacist.**

#### **Before you start to use it**

Tell your doctor or pharmacist if you have allergies to:

- \* Any other medicines
- \* Any other substances, such as foods, preservatives or dyes.

**Tell your doctor if you are pregnant or intend to become pregnant.**

Your doctor will discuss the possible risks and benefits of using AZEP(R) NASAL SPRAY during pregnancy.

**Tell your doctor if you are breast-feeding or plan to breast-feed.**

Your doctor will discuss the possible risks and benefits of using AZEP(R) NASAL SPRAY during breastfeeding.

**Tell your doctor if you have or have had any medical conditions, especially the following:**

- \* Kidney disease.

**If you have not told your doctor or pharmacist about any of the above, tell them before you start using AZEP(R) NASAL SPRAY.**

#### **Taking other medicines**

**Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.**

Some medicines and AZEP(R) NASAL SPRAY may interfere with each other if a significant amount of the nasal spray is absorbed in your body. These include: cimetidine, a medicine used to treat stomach ulcers and some other stomach conditions.

These medicines may be affected by AZEP(R) NASAL SPRAY, or may affect how well it works. You may need different amounts of your medicine, or you may need to take different medicines. Your doctor or pharmacist will advise you.

Your doctor and pharmacist may have more information on medicines to be careful with or avoid while using AZEP(R) NASAL SPRAY.

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## How to use AZEP(R) NASAL SPRAY

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### **How much to use**

Use one spray of AZEP(R) NASAL SPRAY in each nostril, every 12 hours as necessary.

### **How to use it:**

Blow your nose first.

1. Remove the protective cap.
2. Before first using, press the pump 2-3 times until an even spray emerges.
3. Spray once into each nostril tilting head forward (look at toes). Do not keep head upright or tilted backwards. Sniff slowly and gently.
4. Wipe the nozzle and replace the protective cap.

**Prime the pump again if you have not used the spray for 3 or more days.**

### **How long to use it**

AZEP(R) NASAL SPRAY can be used for up to 6 months for seasonal and non-seasonal allergies.

**Consult your doctor if your symptoms have not cleared up after 6 months.**

### **If you forget to use it**

**AZEP(R) NASAL SPRAY should be taken only when necessary.**

**Do not use a double dose to make up for the dose that you missed.**

### **If you use too much (overdose)**

**Telephone your doctor or pharmacist or the Poisons Information Centre (phone 131126), if you think that you or anyone else may have used too much AZEP(R) NASAL SPRAY, or if anyone accidentally drinks AZEP(R) NASAL SPRAY. Do this even if there are no signs of discomfort or poisoning.**

**If AZEP(R) NASAL SPRAY is accidentally sprayed into the eyes, bathe them with plenty of water.**

They may sting for a while.

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## While you are using AZEP(R) NASAL SPRAY

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### **Things you must do**

**Tell any other doctors, dentists, and pharmacists who are treating you that you are using AZEP(R) NASAL SPRAY.**

**If you are about to be started on any new medicine, tell your doctor, dentist or pharmacist that you are using AZEP(R) NASAL SPRAY.**

**If you become pregnant while using AZEP(R) NASAL SPRAY tell your doctor or pharmacist.**

### **Things you must not do**

**Do not give AZEP(R) NASAL SPRAY to anyone else, even if they have the same condition as you.**

**Do not use AZEP(R) NASAL SPRAY to treat any other complaints unless your doctor or pharmacist tells you to.**

### **Things to be careful of**

**Make sure you know how you react to AZEP(R) NASAL SPRAY before you drive, operate machinery, or do anything else that could be dangerous if you are tired, drowsy, dizzy or light-headed.**

AZEP(R) NASAL SPRAY is unlikely to make you feel drowsy. However, if you are drowsy, do not drive a car or operate machinery.

**Be careful drinking alcohol while using AZEP(R) NASAL SPRAY.**

If you drink alcohol, any drowsiness may be worse.

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## Side Effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using AZEP(R) NASAL SPRAY.**

Like other medicines, AZEP(R) NASAL SPRAY may have unwanted side effects in a few people. All medicines can have side effects.

Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- \* bleeding nose
- \* stinging or itching in nose
- \* sneezing
- \* bitter taste in mouth
- \* nausea
- \* headache

These side effects are usually mild and short-lived.

Drinking a flavoured drink a few minutes after using AZEP(R) NASAL SPRAY may help remove any bitter taste.

**Other side effects not listed above may occur in some patients. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

**Do not be alarmed by this list of possible side effects.**

You may not experience any of them

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## After using AZEP(R) NASAL SPRAY

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### **Storage**

**Keep your AZEP(R) NASAL SPRAY in a cool dry place where the temperature stays below 30 degrees C.**

**Do not put AZEP(R) NASAL SPRAY in the fridge.**

**Do not leave it in the car on hot days or on windowsills.**

Heat can destroy some medicines.

**Keep it where children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.**

**Do not use AZEP(R) NASAL SPRAY for longer than 6 months after the bottle was first opened.**

### **Disposal**

**If your doctor or pharmacist tells you to stop using AZEP(R) NASAL SPRAY or the bottle has passed the expiry date, or the bottle has been open for longer than 6 months, ask your pharmacist what to do with any that is left over.**

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## Product description

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### **What it looks like**

AZEP(R) NASAL SPRAY is a clear, nearly colourless liquid in a brown glass bottle fitted with a spray pump and a cap.

The carton has tamper-evident seals.

**Do not use if the seals over the carton ends are missing or broken.**

The bottle contains 5ml of solution.

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## Ingredients

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### **Active ingredients:**

- \* Azelastine hydrochloride, 0.1% w/v [each spray contains 0.14mg Azelastine hydrochloride]

### **Other ingredients:**

- \* hypromellose
- \* disodium edetate
- \* citric acid - anhydrous
- \* sodium chloride
- \* sodium phosphate - dibasic
- \* dodecahydrate
- \* water - purified

AZEP(R) NASAL SPRAY does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

### **Sponsor**

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### **Date of preparation:**

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